



Adelaide
Counselling
Practice



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Practice



7 days a week
between 9am and 9pm



Face to Face, Telephone,
Zoom & Skype
counselling



Counselling at our office or
our counsellors can make
home visits



Our female & male
counsellors are friendly,
experienced & qualified

Contacts

- (08) 8237 0509
- adelaidecounselling@outlook.com
- adelaidecounsellingpractice.com.au
- Carrington House,
First Floor, 61-63 Carrington St,
Adelaide SA 5000

Call or email between
8.30am & 9pm,
7 days a week to book an appointment
or contact us through the website 24/7.

Services are private & confidential.



9am - 9pm
7 Days a Week

Counselling

Face to Face, Phone, Skype & Zoom Appointments

(08) 8237 0509

Individual Counselling · Family Counselling · Relationship Counselling
Group Counselling · Workplace Counselling



adelaidecounsellingpractice.com.au

For more information about our services
please visit our website link below



Why Choose Us

Taking that first step to seek counselling can be difficult to do.

We understand this and our counsellors will make you feel at ease, listen to you and work with you in a supportive and respectful way.

You will be in an environment which is private, safe, and comfortable so that you can talk freely and confidentially.

Over the years we have counselled many people through the joys, challenges and tragedies that mark our life journey.

Our professional female & male counsellors are experienced and highly qualified. To assist you they use evidence based psychological therapies.

They will teach you coping skills and strategies which you can practise to improve your situation more quickly.

Our team of counsellors are passionate and committed to helping individuals, couples, and families to live the best possible life and to help them make positive changes in their lives.

General information

- Open 7 days a week from 9 am to 9pm
- Private Health Fund Rebates may be available from:
Medibank Private, Bupa, Doctors Health Fund, Police Health Fund & Emergency Services Health Fund
Eligible members need to check with their Health Funds first
- Home Visits Available
- Face to Face, Phone, Skype & Zoom Appointments
- No Waiting Lists & No Referral Required
- Female & Male Counsellors

Phone: (08) 8237 0509

✉ adelaidecounselling@outlook.com

🌐 www.adelaidecounsellingpractice.com.au

Common Issues

Adelaide Counselling Practice demonstrate the utmost care as we support and counsel people through the joys, challenges and tragedies that mark our life journey.

Our counsellors are of the highest calibre in the industry and utilise a variety of evidence based psychological approaches to assist individuals, families, and couples.

Our qualified, professional team has extensive experience in dealing with issues in a sensitive and supportive manner.

Counselling Services Offered at ACP include:

- Individual Counselling
- Relationship Counselling
- Marriage Counselling
- Pre-marriage Counselling
- Family Counselling
- Adolescent Counselling

Common Issues & Concerns include:

- Anxiety/Panic
- Depression
- Stress
- Grief & Loss
- Addiction
- Emotional, Physical & Sexual Abuse